

FIG. 1

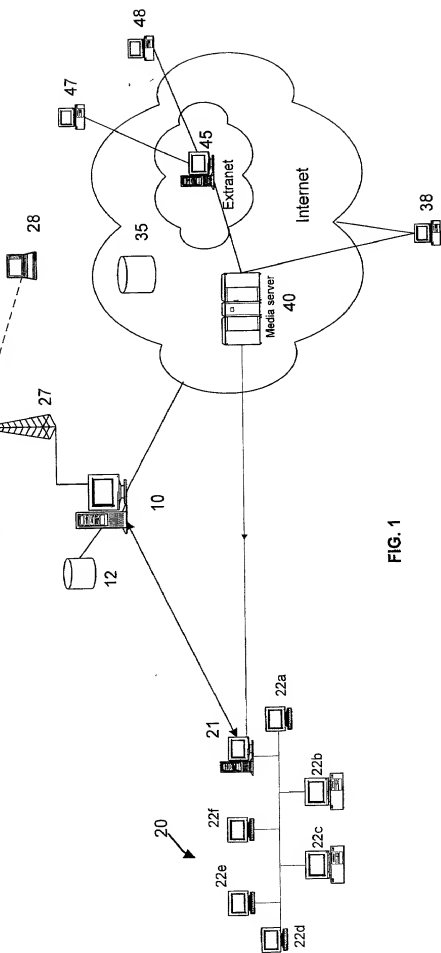


FIG. 1

FIG. 2

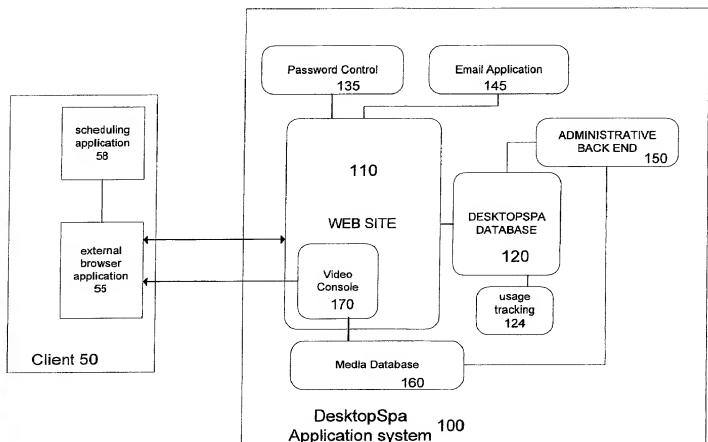


FIG. 3

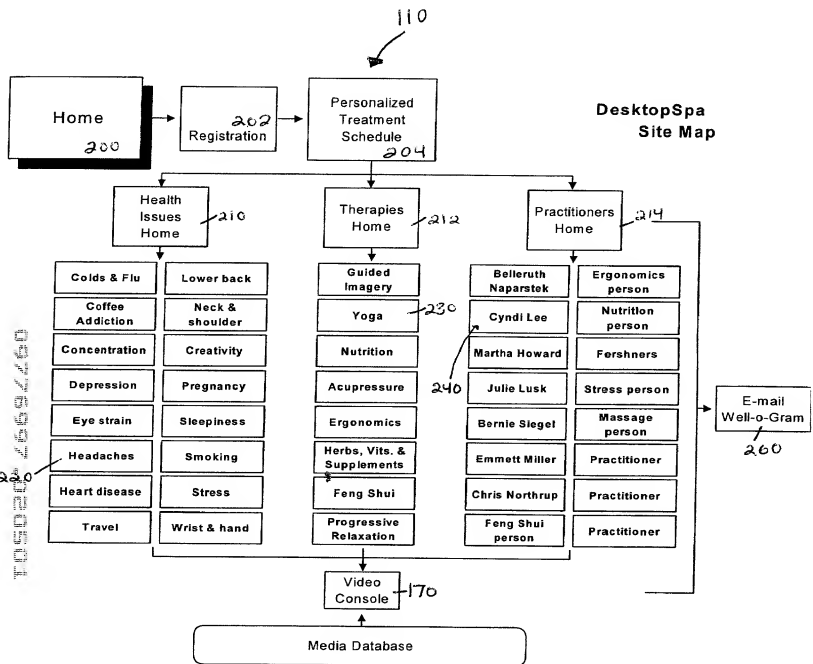


FIG. 4

200



DesktopSpa - Stay Healthy @ Work

Design Your Personal Daily Desktop Treatment Schedule

Use the sliders to evaluate how often each of the following health issues is a problem for you.

	Never	Always
302a	0	100
302b	0	100
302c	0	100
302d	0	100
302e	0	100
302f	0	100
302g	0	100
302h	0	100
302i	0	100
302j	0	100
302k	0	100
302l	0	100
302m	0	100
302n	0	100
302o	0	100
302p	0	100
302q	0	100
302r	0	100

302a 302b 302c 302d 302e 302f 302g 302h 302i 302j 302k 302l 302m 302n 302o 302p 302q 302r

submit reset all

Find a Treatment

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105020*2669760

FIG. 5

202

0976997 020501
105020 26697760

desktopspa

Tell us About Yourself

☐ Female
☐ Male
Age

Favorite Therapy (*optional)
☐ Acupressure ☐ Meditation
☐ Qi Gong ☐ Yoga

☒ Remember my ID and password so that I don't have to log in each time I visit this site.
(Why wouldn't you do this? If you're worried about other users who might sit at your computer seeing what health treatments and issues are important to you.)

My connection speed is
(What does this mean?)

I prefer

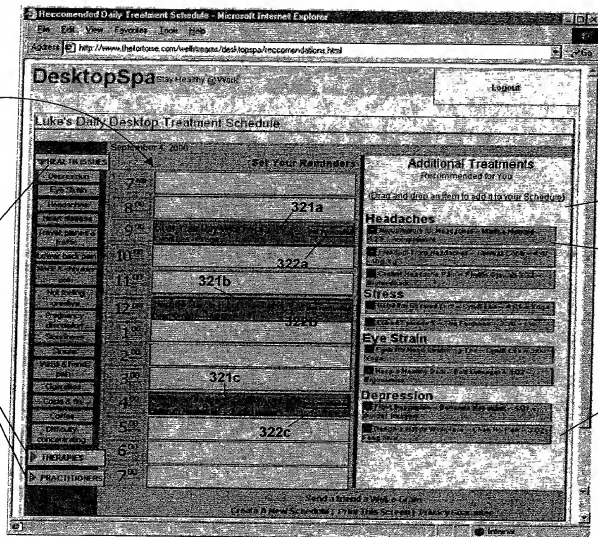
☐ I Agree.

FIG. 6

204

320

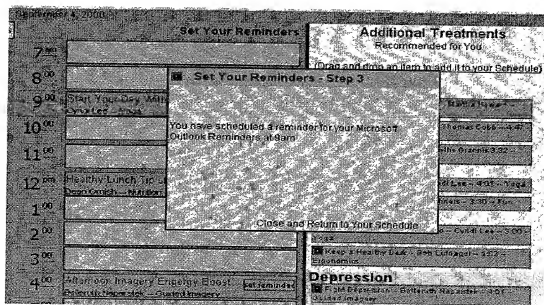
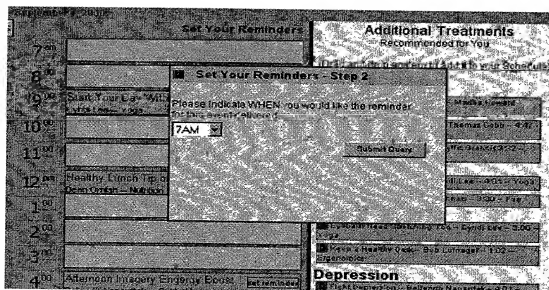
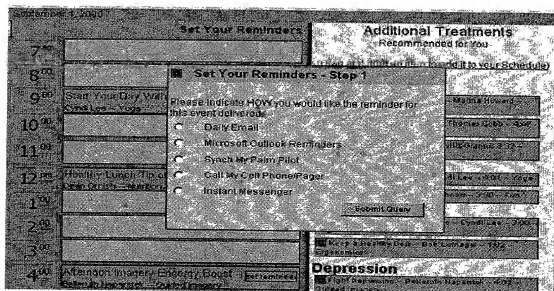
327



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326a

326i



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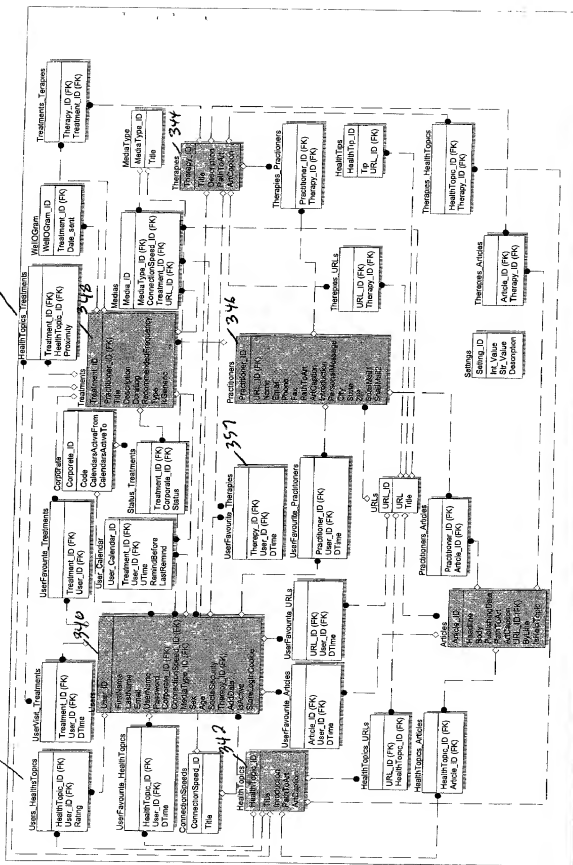


FIG. 9

260

Well-o-Gram

Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh. Lorem ipsum dolor sit amet, consectetur adipiscing elit, sed diam nonummy nibh. Lorem ipsum dolo.

You are sending this treatment: **Treatment Title Here.**

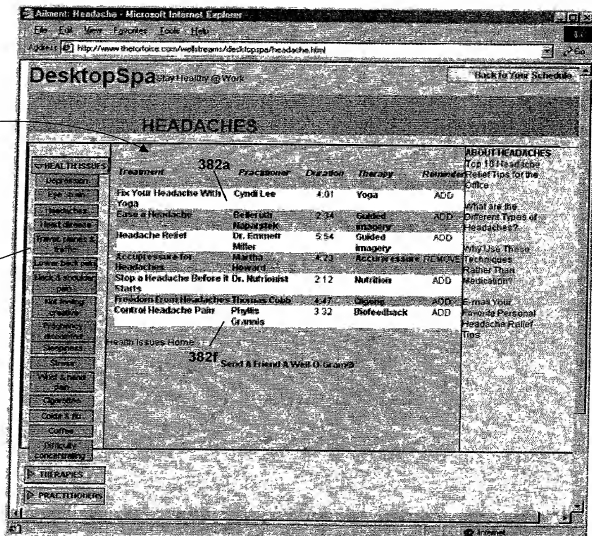
Your friend's name

Your friend's email

Personal message

Send Well-o-Gram

FIG. 10



230

FIG. 11

230

Microsoft Internet Explorer

File Edit View Favorites Tools Help

Address http://www.desktopspa.com/webstore/desktopspa/yoga.html

DesktopSpa Stay Healthy @ Work

Back to Your Schedule

YOGA

Treatment	Practitioner	Duration	Health Issue	Remove
NEAR THERAPIES				
Hand and Wrist Care	Cyndi Lee	4:01	Stress	REMOVE
Calfs & Cows @ the Office	Cyndi Lee	3:23	Lower back pain	ADD
Cyndi's 2 Minute Keyboard Break	Cyndi Lee	2:4	Stress & hand pain	REMOVE
Open Yoga Energy Boost	Cyndi Lee	5:34	Stress	ADD
Yoga for the Frequent Flyer	Cyndi Lee	5:43	Travel	ADD
Yoga for Frequent Travel	Cyndi Lee	5:43	Travel	ADD
Jane's				
Cyndi's Smoke Break	Cyndi Lee	2:34	Cigarettes	ADD
Eyeballs Need Stretching	Cyndi Lee	2:00	Eye strain	REMOVE
John's				
Breathe & Focus	Cyndi Lee	1:34	Difficulty concentrating	REMOVE
White Hot (Kroni Yogi)	Julie Lusk	5:32	Wrists & Hands	ADD
Yoga on the Go	Julie Lusk	5:01	Travel	ADD
Shoulder Shuggers	Julie Lusk	3:21	Back & Neck pain	ADD
Create a Life Not a Lifestyle	Julie Lusk	4:01	Stress	ADD
Heracles Home				

Send A Friend A Web O-Grave

ABOUT YOGA - What is Yoga and How Can it Help You? Breathing it's More Important Than You Think

Additional Yoga Resources

Meet Our Yoga Practitioners

FIG. 12

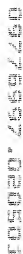


FIG. 13

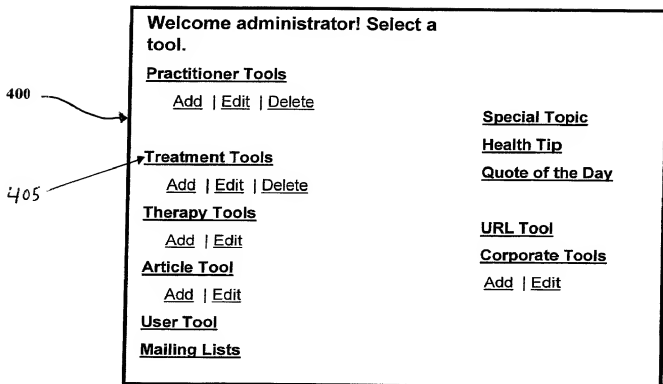


FIG. 14

410

411

Add a Treatment

Associate this treatment with these therapies

Yoga
Guided Imagery
Massage

Practitioner Add a Practitioner

Title

Description

Related Health Topics

Never ----- Always

•Headaches	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
•Smoking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
•etc...	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

This treatment is only for this corporation

Duration

Recommended Frequency

This treatment is a ☐ video clip ☐ audio clip

URL of Media Browse

Publish Treatment
Exit Without Saving
Home

Edit an Existing Treatment

Delete an Existing Treatment

Delete It

FIG. 15

420

Edit a Treatment

Associate this treatment with these therapies

Yoga

Guided Imagery

Massage

Practitioner [Add a Practitioner](#)

Title

Description

Related Health Topics

Never ----- Always

•Headaches ☐ ☐ ☐ ☐ ☐

•Smoking ☐ ☐ ☐ ☐ ☐

•etc... ☐ ☐ ☐ ☐ ☐

Priority

Duration

Recommened Frequency

URL of Video

[Edit an Existing Treatment](#)

[Delete an Existing Treatment](#)

FIG. 16

430

User1

Last Login: mm:dd:yy hh:mm

Send this user an email

First Name

Luke

Last Name

Monaco

Email Address

luke@imagepaths.com

Username

lukem

Password

Favorite treatment

Yoga

Date Joined

10/17/00

Health Issue 1

Health Issue 2

Health Issue 3

Health Issue 4

Health Issue 5

Health Issue 6

View User1's Schedule

This User is Currently Active

Make Inactive

Mailing Lists Subscribed to:

none

Exit Without Saving

Delete User

Save changes

Home

431

432

0077637 166501

FIG. 17

Corporate Tool

Corporate code 442

Users' calendars should be active

From this hour AM

To this hour AM } 444

☐ No reminders please

Ban the following treatments

Treatment 1	<input type="button" value="v"/>	Headache-be gone!
Treatment 2	<input type="button" value="v"/>	

446

Specially promote the following treatments

Treatment 1	<input type="button" value="v"/>	Sinus rub
Treatment 2	<input type="button" value="v"/>	

446

Our logo

[Edit an Existing Corporation](#) [Delete an Existing Corporation](#)

corp titles here corps here

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